



Athlete's for Christ Offers

Zumba Classes *For Women Only*

"A Latin inspired dance fitness class!"

Yes - Fitness Can Be Fun! You'll have a blast getting fit while dancing to the popular Latin rhythms of Salsa, Merengue, Cumbia, Reggaeton, and More!

Fall Session: September 7th - October 16th

Sessions run back to back All Year Long!

Zumba Classes at Bethany Church - Brookside Rd. Wescosville

With Instructor Kory Prehl

<u>Monday</u> 9:15am 7:30pm	<u>Tuesday</u> 6pm	<u>Wednesday</u> 9:15am	<u>Thursday</u> 6pm	<u>Friday</u> 9:15am	<u>Saturday</u> 9:30am
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No classes on Labor Day Monday!

Zumba Classes at St. Mathews - 5th and Ridge St. in Emmaus

With Instructor Melissa Miller

<u>Monday</u> 9am <i>(Gold for active older adults/beginners)</i> 6:15pm	<u>Wednesday</u> 9:15am	<u>Thursday</u> 6:15pm
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Zumba Classes at Asbury Church - Spring House Rd Allentown

With Instructor Julia Wetherhold

Thursday 7:30pm

Pre-Registration Rate is as low as \$4.00 per class/\$72 for the 6 week session!

Drop In Rate \$7.00 per class --- *Only \$6 each if you bring a Friend New to Zumba along!*

All classes are one hour in length. Be sure to bring a water bottle and a small hand towel along.

Questions? Contact Quay Brashear at qbrashear@bethanyumchurch.com or call 610-395-3613

OR Kory Prehl - Zumba Instructor at kory@prehl.us 610-391-0696

-----please detach below registration form/fee and mail to Quay Brashear-----

Name: _____

Address: _____

Phone: (h): _____ (c): _____ Email Address: _____

How did you hear about the AFC Zumba Program? Friend Zumba.com Truth For Women Church

Please select the class times/locations you would like to pre-register for:

Bethany Church Classes - Brookside Rd. Wescosville

<u>Mondays</u> ___ 9:15 am ___ 7:30 pm	<u>Tuesdays</u> ___ 6:00 pm	<u>Wednesdays</u> ___ 9:15am	<u>Thursdays</u> ___ 6:00 pm	<u>Fridays</u> ___ 9:15 am	<u>Saturdays</u> ___ 9:30 am
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St. Mathews Classes - 5th and Ridge Emmaus

Mondays ___ 9:15 am	___ 6:15pm	Wednesdays ___ 9:15 am	Thursdays ___ 6:15pm
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Asbury Class - Spring House Rd Allentown Thursdays ___ 6pm

Session Pre-Registration Rates:

Pre-register for 1 class per week	(\$6.00 per class)	=	\$36.00 for six week session
Pre-register for 2 classes per week	(\$5.00 per class)	=	\$60.00 for six week session
Pre-register for 3 classes per week	(\$4.00 per class)	=	\$72.00 for six week session

Mail Form and Registration Fee to:

Bethany Church Attn: Quay Brashear
1208 Brookside Rd. Allentown, PA 18106

Make Check Payable to: Bethany Church

Memo: Zumba Class

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FOR OFFICE USE ONLY: Bethany Spreadsheet _____ Paid In Full _____ Attendance Form _____